

SUPPORT STILL NEEDED

We continue to see an improvement in our donation support from individuals, churches, and corporations. Hopefully, this is indicative of a still impending overall economic recovery. Nonetheless, we were forced to "dip into" our reserves for \$50,000 in FY 2009-2010 to maintain our operation and services. We absolutely NEED your continued support in order to avoid using any reserve funds in FY 2010-2011 and FY 2011-2012. Please use the enclosed envelope to make a donation today. Thank you!

Correction of Spring 2011 Newsletter:

Drs. Remo Lotano and Bill Hobbs are both volunteer ophthalmologists.

Wanted: Refrigerator needed for lab

We would love a 12-18 cubic foot refrigerator to be donated to the clinic.

UPCOMING 2011 FUNDRAISING EVENTS

Monday, July 18 - 1 PM - NAIFA Golf Tournament - Boonsboro Country Club - \$300/team

Friday, August 5 - Friday Cheers - Volunteers Needed!

Tuesday, August 9 - 6 PM - Hillcats Skybox Night at Calvin Falwell Field - City Stadium

Friday-Sunday - October 7-9 - Smith Mountain Lake Charity Home Tour - All Day
Host/Hostess Volunteers Needed

Please Visit Our Website: www.fccv.net



Free Clinic of Central Virginia, Inc.

MEDSHELP AT THE FREE CLINIC — PH: 947-5137

"Providing healing and hope to Underinsured and Uninsured Central Virginians"
1016 Main Street, Lynchburg, Virginia 24504 PH: 847-5866 Summer 2011



Ron Hendricksen, DDS., observes Latasha Kapoor completing a root canal.

SPECIALTY DENTAL CLINICS CONTINUED AND EXTENDED

The Virginia Health Care Foundation (VHCF) has announced that it will continue and extend its grant support for ENDO CLINICS (Root Canals, Crown Preparations, and Crown Deliveries) at the Free Clinic of Central Virginia (FCCV) through June 2014. Initially this service was provided in late 2009 for the first time. Five weeks of endodontic treatments were offered during the first thirteen months of funding support. This additional funding will allow the clinic to provide 3-4 weeks/year over the next 36 months. The actual dollar amounts will be \$16,000 in FY 2011-2012; \$12,000 in FY 2012-2013; and \$9,000 in FY 2013-2014.

ENDO CLINICS are offered during VCU School of Dentistry vacation weeks so as to not detract from the number of appointment slots for basic services. The students volunteer in groups ranging from 3-6 students to work at the FCCV to get extra experience completing root canals and other endo procedures. The volunteer Mentor/Professors have included Drs. Jim Stanley, Mike Walker, Hans Burg, David Polk, David Riley, Bobbi Oldham, and Ron Hendricksen. Students usually complete 2-4 root canals and 2-3 crown preparations during a rotation.

This program was on the "cutting edge" for Free Clinic services in 2009. It is now being replicated in one way or another at several other facilities in the Commonwealth of Virginia. It is an important expanded service for our Central Virginia area patients.....

Free Clinic of Central Virginia, Inc.
1016 Main Street
Lynchburg, VA 24504
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Office Volunteers: L to R, Michelle Bell, and Juanita Gray (Also Board of Directors Member)

FREE CLINIC'S 2011 VOLUNTEER AWARD RECEPTION

On Wednesday, June 22 the Free Clinic held its annual volunteer ceremony at the Terrace on The James Restaurant at 818 Main Street. A crowd of over 200 friends, volunteers, and supporters attended the event. This event is designed to say "thank you" to all the persons (almost 1,000) who volunteer in one capacity or another each year to provide free medical, dental, and pharmaceutical services to uninsured Central Virginians.

A "Special Tribute" was paid to two long-time volunteers who passed away in 2010-2011. William "Billy" Carrington Sr. and Kathryn Cummins Mays were recognized for their many years of Free Clinic volunteer work; their pictures have been added to the Memorial Wall at the clinic. In addition, the Executive Director's Office was officially named "In Loving Memory of Abigail McKenna Haney - Board Chair from 2003-2006 and Kathryn Cummins Mays, Board Chair from 2006-2010". Two plaques have been permanently affixed to the office door.

Receiving the Joseph A. Levine award this year for dentistry was Dr. Bobbi Oldham. This award commemorates dedicated long-term community service as demonstrated by Dr. Levine in his 17 years as a Free Clinic volunteer and community activist for more indigent care. Pharmacist, Roy Lee Garrett, a twenty-two year volunteer, was the recipient of the Gabriel Linn Taliaferro Award, named after the Free Clinic's recently retired Pharmacist-In-Charge. Dr. D.L. "Pete" Warren was presented a Board Service plaque for his 11 year tenure on the Board of Directors - 2000-2011.

The following persons were presented with Karen Goodwin Awards as strong and well respected volunteer medical, dental, and pharmaceutical providers: Dr. Bob Brennan; Dr. Charles Driscoll, Dr. David Gregory, Gail Mudrick, R.N., and Sharon Schroth, RPH; and Linda Wood, Licensed Optician, of A.G. Jefferson. Karen Goodwin and her mother, Mary, were long-time Free Clinic front office volunteers.

Libba Hughes Awards, named for a 15-year lay volunteer and long-term supporter, were presented to the following lay person volunteers: Sterling Wilder, Board of Directors - 1998-present; Juanita Gray - Board of Directors - 2001-present; Earl Wilgus - five year volunteer painter; and Jennifer Bailey - social media "guru". Twenty year service pins and "retirement" blankets were announced and presented to Dr. David Riley and Dr. Bobbi Oldham.

Lifesaver Awards, which are presented annually to persons who provide unusual or urgent need services to the Free Clinic, were given to: KODIAK Shredding (which shreds our documents for no charge); Hazel Luton (VCU School of Dentistry volunteer); Dr. Tom Warwick (Dentist); Dr. Laura Gately (Physician); Leslie King RPH; Dr. Bob Dozier (VP for Maintenance); Cindy Allen of Lynchburg Family Practice; Trish Woodie and Maria Jones of Medical Associates.

What a TREMENDOUS group of volunteers we have!!!!

A PATIENT LETTER

The Free Clinic receives many well-written, thoughtful thank you letters each month. The Board of Directors felt that this particular one should be PRINTED at least in part: "I don't know how to start to tell you how grateful and thankful I am that the Free Clinic was able to assist me yesterday. I was in so much pain, and I needed assistance fast. The staff was not only professional, but they were quick and polite as well. They made my experience there one that I will never forget..... You have an excellent staff there; tell them to keep up the good work!..... Thanks again for the service that you offered to me and what your agency is doing for our community. Have a wonderful and blessed day."

STUDENT VOLUNTEERS "GO ON" TO BIGGER THINGS

Over the recent five-ten years, many former student volunteers have gone on to major health care positions: Recent graduates from the VCU School of Dentistry include: Dr. James Peery, III, Dr. Rudolf Wolf; Dr. Matt Estes; Dr. Richard Oldham; Dr. Brittany Crowder, and Dr. Andrean Fearon. In "upcoming classes" in dentistry, we will see Eugenia (Jeannie) Alvarado, Jessica Cheverton Taylor, and Malcolm Shealor. Going to Medical School at Emory in Atlanta is Richard Charles Gilmore. Accepted to law school at Southern Methodist is Bridgette Kelly. College students currently preparing for medical careers as undergraduates include: Chrishonda Davis - Liberty University, Christal Davis - Virginia Commonwealth University, and Robert Addison Spinner - Washington and Lee University. Exposure at an early age to the Free Clinic and/or their parents' health care careers have strongly influenced their present choices!

UNITED WAY DAY OF CARING

On Thursday, May 19, the Free Clinic of Central Virginia's Greg Sheehan Arthur Dental Suite, which opened in January 2007, received a fresh coat of paint. Twelve volunteers from the First National Bank of Altavista - Old Forest Rd. and Timberlake Rd. - applied the paint over a period of six hours.

"Many hands made light work"! They were very neat and completed a beautiful piece of work. Since the dental suite is now normally used 5 or 6 days per week for up to twelve hours per day, it was badly "in need" of a "freshening up". Fortunately, the student dental volunteers from the VCU School of Dentistry were on a "school break" during this week. We are deeply appreciative of the volunteer painters' work, which was led by Courtney Woody and Daniel Wheeler, Branch Managers.



Dental Volunteers: L to R, Dr. Chris King with Dorothy Carter, Dental Assistant

BEDFORD COMMUNITY HEALTH FOUNDATION

On May 22, the Free Clinic (FCCV) was presented with a \$5,000 Grant from the Bedford Community Health Foundation (BCHF). These funds will be used to partially support the medical, dental, and pharmaceutical services being provided to Bedford County and City of Bedford patients. Outside of the City of Lynchburg, Bedford has the most patients receiving FCCV services. In fact, the communities of Moneta and Huddleston are two of the most rapidly increasing service areas. This support will enable the clinic to provide \$75,000 to \$80,000 worth of health care services due to the clinic's volunteer health care provider model.



BCHF Grant: L to R - Board member, Roberta Holland-Diuguid presents check to Shannon Jarvis, MedsHelp Coordinator, while Bob Barlow, Executive Director, looks on.

JAMES RIVER BASKETBALL TOURNAMENT

The 17th Annual James River Basketball Tournament fundraiser was held back on March 20-21. Thanks to the sponsors, teams, gymnasiums, and referees, the income raised this year for the clinic's operating budget was \$10,300. Thanks to the sponsors: INDUSTRIAL PRODUCTS - \$2,000; TEVA (Barr Labs) - \$1,000; News & Advance - \$1,000 in kind; Schewels Furniture, CENTRA, Rehabilitation Associates; Bank of the James; Generation Solutions, and Frito-Lay - \$500 each; Central VA Family Practitioners, First National Bank of Altavista; Flippin, Bruce & Porter; Hurt & Profit, Inc.; Moore & Giles, Inc.; N.B. Handy; Orthopedaedic Center; Scott Insurance; and Wiley and Wilson - \$250 each; and BB&T and Campbell Insurance - \$100 each. Thanks to the teams: AREVA - Champion; Frito-Lay - Runner-Up; Abbott Labs -Consolation Bracket Winner; Westover Dairy; Azdel; BWXT; Delta Star and Tri-Tech Labs. Thanks to Lynchburg College and the Jubilee Development Center for donating their gymnasiums. And last but NOT least, thanks to the referees who partially donate their services rather than receiving full pay for their services. Get ready for the NEXT Tournament in March 2012!



"Action" at the Basketball Tournament

PROFESSIONAL ART AT THE FREE CLINIC

Like many other medical and dental facilities in Central Virginia, the Free Clinic has enjoyed the donation of many fine pieces of art to decorate the clinic. These include paintings by: Jimmy Kyle, Gretchen Scales, Dorothy Bowne, and others. In 2006, Lillian Link, FNP, donated a unique, 3-D dental sculpture produced by her late husband, Dr. Joseph Levine. In 2007, Mary Jane and Charles Pryor purchased a beautiful Pat Shoroki floral watercolor as part of the 20th Anniversary Celebration and donated it to the Free Clinic. In 2009, Dr. Lewis Angelo Arthur, donated a 30 piece collection of watercolors to decorate the Greg Sheehan Arthur Dental Suite. These had preciously been on loan since 2007. We are "open" to receiving other pieces of art, and giving them an appropriate permanent home. We have "places of honor" to hang them. If interested, contact Bob Barlow or Edie Light at the Free Clinic.